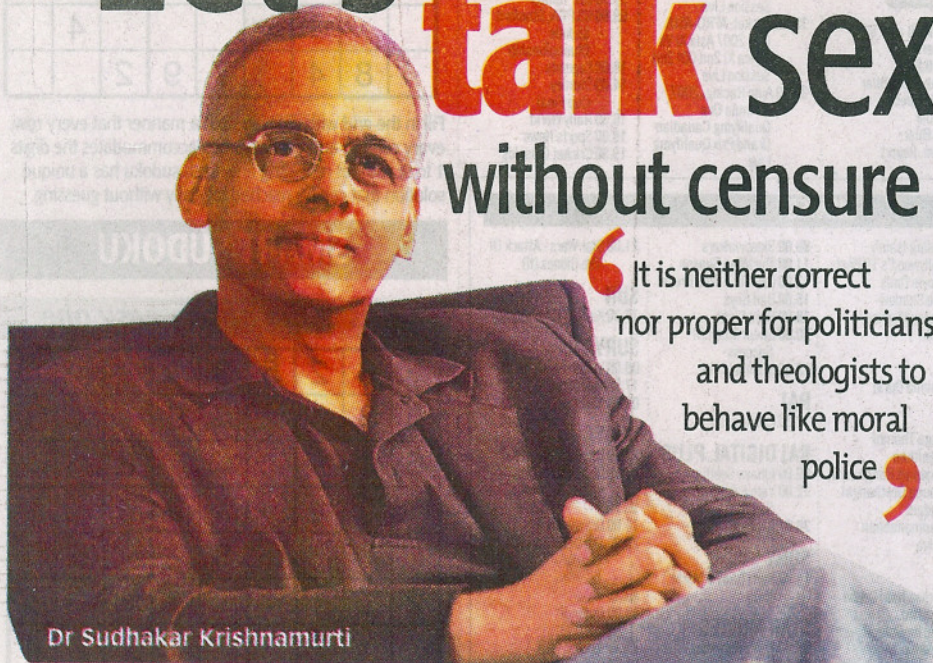


Let's talk sex without censure



Dr Sudhakar Krishnamurti

It is neither correct nor proper for politicians and theologians to behave like moral police

June 8

“If theologians, priests or politicians with dubious sex lives are going to lay down the rules for sex education, it is a recipe for disaster.”

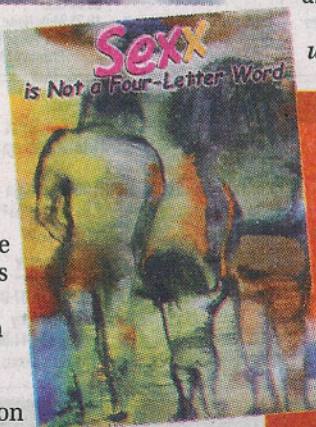
This is how well-known andrologist and the author of 'Sex is not a four-letter word' Dr Sudhakar Krishnamurti feels while referring to the current sex education scenario in the country. For him, it's nothing less than a 'nightmare'.

While expressing serious concerns about how the very concept of sex education is misconstrued by those who are at the helm of affairs, Dr Krishnamurti says that politicians, theologians, priests, etc., are not even qualified to make the statement. The expert made it clear that sex education per se does not support promiscuity, nor does it negate monogamy. It's about knowing

the simple biological phenomenon better to avoid untoward consequences.

Stressing on the importance of sex education, he says, children, who become 'well-informed' adults later, pick up their knowledge from porn magazines, websites, and films filled with misleading information and computer-generated graphics or from bragging and gossiping among friends.

“Sex education is essential but it should be taught in an informed and responsible manner. A sanitised explanation of reproductive organs is not going to tell people what is the function of clitoris in a woman, or how to be a responsible lover. If it is only



ignorance, one can work with that. But what we are often faced with is a closed mindset.”

Further, he highlighted how this ignorance is made even more dangerous by statements such as 'andrology is cosmetic', etc. The situation is further compounded by unquestioned alternative forms of medicine (any quack on the road can sell powdered roots and testicles of some animals or the other and call it 'aphrodisiac'); macho ego of men; and hypocritical notions of the society that does not allow sex to be discussed without censure.

Given the situation, Dr Krishnamurti said that it is neither correct nor proper for politicians and theologians to behave like moral police. “In an already explosive situation, it is foolish to attempt to impart sex education without proper knowledge on sex. Why should moral policing come in the picture? If anything, it should be done by only well-informed leaders to set people thinking about it,” the expert says.

Sexual health is not just complicated postures or leaves and flowers accidentally touching each other. The subject covers fertility-related issues and a more pleasurable lifestyle for everyone.

For more information log on to www.andrology.com.

—EF

Unspoken facts

- ▶ Erectile dysfunction (ED) is very common
- ▶ Most cases of ED are curable
- ▶ Aphrodisiacs do not work
- ▶ Impotence can be cured to a large extent
- ▶ Vasectomy is reversible
- ▶ Men go through andropause just as women undergo menopause
- ▶ Myths around semen loss are baseless
- ▶ Not all penis transplants are cosmetic
- ▶ Ejaculatory disturbances are curable
- ▶ Male factor evaluation is often left out in infertility centres

(Source: 'Sex is not a Four-Letter Word')

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